



Plymouth and District Leukaemia Fund

NEWSLETTER

January 2018

Best Wishes for the New Year.



AGM

A date for your new diaries Wednesday April 11th 2018 in the John Bull Building at 7pm. Looking forward to seeing everyone.

It is with much sadness that I must report that Georgina Lloyd, a longstanding Trustee and former patient, died in September at the age of 80.

Fund Raising & Donations;

Camping weekend River Dart Country Park

Chris Allen celebrated his 25th Anniversary of his bone marrow transplant and raised £1,220 from the raffle, pitch fees and donations. The wet weather did not dampen spirits and a good time was had by all who attended.



Tavistock Rotary

Our thanks go out to Tavistock Rotary who continue to raise money for PDLF



They held a Charity Golf day and raised an incredible £4000.



They also held a 2 Choir Concert at St Eustachius Church, Tavistock on 29th September with half of the proceeds coming to PDLF.

The 6 Peaks Challenge

Words fail me, but to call the achievement by Jim Smith and the 6 Peaks Challenge Team (Jim, Nicola, Kieren, Ian & Claire) and all his supporters 'Amazing' is probably a massive understatement.



Here is how the Cornish Times reported it...

Cornish Times, Friday, October 6, 2017 - www.cornish-times.co.uk

HIKER DEFIES HIS TERMINAL DIAGNOSIS

Cancer patient Jim conquers six peaks

A MAN has defied his terminal diagnosis to hike up all of the UK's highest mountains in a week.

Jim Smith was joined by 48 friends and supporters as they walked up Brown Willy, the last 'peak' of a six-peak fundraising challenge.

Holding their heads high through the Cornish fog and rain, the party posed for an emotional group picture on top of the highest point in the county. It was the culmination of a week that has seen Jim conquer Scafell Pike, Ben Nevis, Slieve Donard, Mount Snowdon and Pen-y-Fan, and raise almost £6,000 for Macmillan Cancer Support and the Plymouth and District Leukaemia Fund.

Jim, 49, of St Cleer, has an aggressive form of blood cancer, and was given a terminal diagnosis in February.

His reaction to the illness has been to embrace every day

to the full' - and he hopes his story will inspire others going through hardship.

'What an incredible week it has been. I am so proud and humbled by our team and all the supporters who came to join us on Sunday for our "homecoming walk", said Jim.

'Including ourselves, there were 49 of us trudging across the moor in very inclement weather, plus another 50 or so supporters waiting for us in Bolventor Village Hall afterwards - it was amazing! The support and love we received from so many people on the final day brought the whole week to a beautiful close.'

The adventure almost ended on day one, said Jim, after he took a 'hefty fall' on Scafell Pike and suffered bruising.

The walkers overcame another challenging day on Slieve Donard in Northern Ireland, where there was 'biblical' weather.



A JUBILANT Jim and friends on the way up Brown Willy in Sunday's damp weather

Money raised will be distributed between Macmillan Mustard Tree Derriford Hospital, Macmillan Triangle Centre Liskeard and PDLF. Thank you for your support.

PDLF Bags for sale

These wonderful bags are available to purchase on Birch Day Unit in aid of PDLF at a cost of £5 for hessian bag, £3 for linen bag or two linen bags for £5. What a bargain!

Thank you to Robin Younge for organizing their production and to our wonderful models Trudy, Yvonne & Emma.



Website

The new website www.pdf.org.uk is now live. We would like to collect patients and carers comments/reviews on their experiences and post them on the "About PDLF" area. If you have any comments please let us have them.

Your information and PDLF

New legislation comes into force in May which will prevent a person's data from being bought, sold or abused by Charities (e.g. in an attempt to profile donors). PDLF only holds names, addresses / e-mail addresses and phone numbers, which we use to send out notices of the AGM, Newsletters and to maintain membership records. We will never disclose this information to other Charities or bodies.

We have prepared a Privacy Statement which is contained in the Documents section of the PDLF website, which you can find via the following link:

<http://www.pdf.org.uk/home/our-trustees/documents-2/>

It also gives details of how you can obtain a copy of the information we hold on you, how to update your information or how to make a complaint.

In particular if you no longer want a copy of the Newsletter or to receive other correspondence, please let us know.

Easter Raffle

There will be an Easter Raffle tickets will be available to buy from Birch Day Case Unit from February 26th at the cost of £1.00 a raffle ticket and the raffle will be drawn on Monday 26th March. Any donations to the raffle will be gratefully received.



Plans for fund expenditure

Adrian had a very productive meeting with the Service Line Manager. With PDLF's offer of funds towards extending Bracken Ward tenders are being sought. PDLF are requesting if patients can be involved in the design. Anyone interested please let us know.

Contact details

Jo Farrugia is still updating the membership/contact database. If there are any changes or if we can send the newsletter to you by e-mail rather than hard copy through the post, then please send her or myself the new contact details. Jo's e-mail address is joanna.farrugia@nhs.net

If anyone has an event which they know is coming up or any photos you'd like uploaded to our Facebook or Twitter pages please email Sarah Bray at sarahbray@nhs.net

If you are holding any events we would also like to put them on our the web site, www.pdf.org.uk

My Contact details are:

Lesley Teasdale
c/o Birch Day Case Unit, Level 8
Derriford Hospital, Plymouth PL6 8DH

Email - admin@pdf.org.uk

See you at the AGM and if anyone is interested in helping PDLF by becoming a Trustee please contact us for more information.

Best Wishes

Lesley